

X ADVENTURE DEVELOPMENT CENTRE

HORSFORD, NORWICH

DEVELOP YOURSELF; DEVELOP YOUR FUTURE

RESIDENTIALS

DEVELOPMENT, FUN, SAFE and ADVENTUROUS



'What we fear of doing most is usually what we most need to do'

Based at our Centre in Horsford, Norwich

To develop yourself you have to be yourself; you need the best staff and the best location to see past the difficulties at home or school.

Walk around Dlwhinie or Lamorna Lake or just sit on otter bridge and listen to the bubbling brook. Connect with nature at the same time as completing a residential programme of fun, challenging and adventurous activities.

The combination of both adventure and nature is proven to make a real difference to individual perceptions, aims and goals; we can make a difference; however big or small.

Whatever the reason for visiting our development centre at Bramley Lakes, we will work in consultation with you to develop a programme that suits your aims, objectives and budget.

We work hard at getting the small things right, we tailor each programme as no one group is ever the same.



We have delivered some amazing residentials to:

Youth Groups
Colleges and Universities
Schools
Alternative Education Groups
Corporate and Businesses
SEN Groups
Church Groups
NCS and Princes Trust Teams
Uniformed Services
Family Groups

bookings@xadventureactivities.co.uk

Quiet, safe and tranquil site; full of wildlife

RESIDENTIAL HIGHLIGHTS

Stay in our bunkrooms or our back to basic camp village or book both to increase your numbers.

- Bunk room accommodation for 40 people in 8 separate bedrooms.
- Tent accommodation for up to 100.
- Separate leader and teacher rooms or tents.
- Team and Conference room, with seating for 40 and includes a projector, white boards and work tables.
- Our main building includes a comfortable lounge area, with sofas, wood burners, television and a tuck shop.
- Dining room with seating for 40.
- Professional kitchen that can be used as a self catered facility.
- Full catering service is available at an additional cost.
- Under cover outdoor BBQ area, which includes seating for 40.
- Large and separate male and female shower and toilet block.
- Teacher and Leader WIFI available.
- Large events field for erecting marquees and playing ball games.
- The centre is located at the end of a no through road, with no surrounding roads or traffic.
- Flood lit site, allowing for programmes and activities to be delivered into the evening.
- Two large dedicated water sports lakes onsite.
- Sleeping bags, sleeping mats or bedding can be hired on request.
- Visitors can self camp, using their own tents and equipment, such as DofE groups wishing to use the centre as a base.



We do not combine groups into accommodation, if you book the accommodation you have exclusive use.



RESIDENTIAL PROGRAMMES

Our staff are passionate about helping, encouraging, supporting and guiding our guests, We go the extra mile and we are not afraid of a difficult journey.

We deliver bespoke, fun, engaging, educational, developmental and safe programmes for a huge variety of groups. You can stay from one night, up to 6 nights at our Centre in Norwich.

You can have an action packed programme with activities throughout the day and evening. Activities can be based on education and fun or can be formally facilitated with follow up classroom sessions.

We can deliver full leadership programmes for business and older youth groups utilising the vast experience we have on our team We can also deliver fun, educational school or youth residentials for ages 8 years and above. We also work with SEN groups as many of our activities have been adapted for participants in wheel chairs and those with less mobility.

There are many activities to choose from to make a diverse, exciting and memorable programme.

ACTIVITIES

- High Ropes
- Bushcraft and Survival
- Axe Throwing
- Zip Line
- Archery
- Raft Building
- Canoeing (onsite)
- Canoeing (offsite on the River Bure)
- Team Challenges
- Climbing
- Search and Rescue
- Trebuchet Building
- First Aid
- Assault Course
- Camp Fire
- Camp Craft
- Navigation
- Safe Haven
- Orienteering
- Abseiling
- Crate Stacking
- Challenge Walls

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EXAMPLE PROGRAMME

The choice of activities is completely down to you, we can however give you some guidance on making these important decisions. All of our activities generally last for 1 1/2 hours, allowing a series of activities to be covered in a day, the mix can be truly varied.

A full week residential school programme will look very different to a two day corporate leadership programme.

Our Directors have fifty years of experience of building bespoke and innovative programmes, we don't have a one fits all programme. Every group is unique and every programme reflects our guests uniqueness.

Email or call now to start the conversation.

Monday	Arrival	Team Challenges	Lunch	Archery / Axe Throwing	Canoeing	Diinner	Freetime
Tuesday	High Ropes	Trebuchet Building	Lunch	Bushcraft	Raft Building	Dinner	Camp Fire
Wednesday	Zip Line	Crate Stacking	Lunch	Challenge Walls	Depart		

The costs for every group is different, but as an example the above programme, based on a school group with full catering and the hiring of the centre's bunkroom accommodation would be:

£148 per person (plus VAT)



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UK RESIDENTIALS and EXPEDITIONS

For a number of years we have taken groups on outdoor residential trips throughout the UK, so if you would like something more adventurous than visiting our outdoor centre this is the option for you.

We have used venues in Dartmoor, The Brecon Beacons, Snowdonia, The Lake District, The Peak District and throughout the Southern Scottish Uplands and the Scottish Highlands. We can organise everything for you except the travel.

You can spend a week on a wilderness trail wild camping or canoeing the islands of Lock Lomond; or stay at a bunkhouse as a base and try some amazing adventurous activities in the wilds of Snowdonia.

We must have a minimum duration of 3 days.

Activities can include:

Canoeing, mountaineering, rock climbing, gorge scrambling, coasteering, mountain biking, abseiling, walking, bushcraft and more...

Call or email us for some ideas and a quote?

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